

MESS – MENU OF 2011-2012

<u>Days</u>	<u>Breakfast</u>	<u>Lunch</u>	<u>Tiffin</u>	<u>Dinner</u>
Monday	Cheese Sandwich, (Cheese+Onion+Tomato+ Cucumber) Bread Butter, Jam, Egg - Boild Bournvita - Milk	Mutter Paneer, Rice, Chana-Dal , Paratha & Curd	Allu,Kanda,Gobi & Bagen Pakoda TEA & Coffee	Dal Khichadi, Choole- puri, Boondi Raita. Masala Papad. Sweet: Imarti
Tuesday	Poha + shiv, Egg - Omlet, Bread- Butter- Jam. Bournvita - Milk	Beans dry, Rice, Dal- Makhani, Chapatti. Kuchumber Rasana	Sabudana Vada/ Ragda Pattice Tea & Coffee	Veg.Tawa Masala, Chapatti, (dal-Palak) Rice, Fruit – Grapes
Wednesda y	UPMA, Egg – Omlet, Bread- Butter-Jam, Bournvita - Milk	Jeera Rice, Dal Fry, Allu-Mutter-Gobi, Methi-Puri, Salad, Papad (rost) Butter Milk	Fried Maggi Ice-Tea & Coffee	Paneer Masala, Dal, Lemon/Imli Rice, Chapati (Boneless -Chicken) Sweet : Soan Pappadi
Thursday	Onion Uthappa Bread ,Jam, Bournvita - Milk Sprout's kala chana	Rajma, Rice, Dal, Plane – Paratha, Salad, Lassi	Samosa Tea & Coffee	Pasta, Franky ,Finger Chips, Fruit Custard , Watermelon Juice Pav Bhaji
Friday	Allu Parotta, Sauce, Card, Pickle. Bread-Butter-Jam Hot Milk	Rice, Dal, Choole-Bhature. Salad, Shrikhand.	Vada - Pav Tea & Coffee	Sahi Paneer, Chappati, Dal-Makhani, Rice, (Chicken Fry) Sweet : Rasgulla.
Saturday	Poha+shiv, Egg - Omlet Bread,Butter,Jam Bournvita - Milk	Allu Mutter, Rice, Akka- Dal, Chapatti, Papad-Fry, Rasana	Allu-Tikki -- Pav (Cheese+Cabbage+ Onion+Tamato) Tea & Coffee	Rice, Mix- Dal, Allu- Palak, Chappati, Sweet : Kheer
Sunday	Puri Bhaji, , Butter Pickle & Hot Milk.	Kala Chana, Kadi-Pakoda, Rice, Chapatti, Salad & Rasana	Pani Puri, Tea & Coffee	Methi Malai, Mutter Rice, Dal, Chapatti, <u>Egg Curry.</u> Ice-cream

Note : Slight changes in the menu can be made as required.