

DAY	STRUCTURE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Main dish	Onion paratha	Poha	Puri bhaji (Different)	Medu vada	Aloo paratha	Schezwan Masala dosa	Vermicilli Upma
	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee
	Sprouts	Akkha moong	Boiled groundnut	Boiled moong	Matki boiled	Black chana	Boiled groundnut	Sweet Corn
	Chocos/ cornflakes	Cornflakes	Cornflakes	Chocos	Cornflakes	Cornflakes	Cornflakes	Cornflakes
	Egg/ omlette/ bhurji	Omlette/ Bhurji	Omlette/bhurji	Omlette/ Bhurji	Omlette/ Bhurji	Omlette/ Bhurji	Boiled Egg	Omlette/Bhurji
	Fruit	Banana	Apple	Banana	Banana	apple	Banana	Banana
LUNCH	Plain rice, Special rice	veg onion pulao	Capsicum rice	green peas pulao	Pudhina rice	Jeera rice	soyabean rice	Veg hyderabad biryani
	Dal	Dal tadka	Dal fry	Tuar dal	Dal kolhapuri	Dal lasooni	Dal makhani	Mix Dal
	Roti/ Puri	Roti	methi puri	garlic naan	Roti	Bhature	Tandoori Roti	Roti
	Dry Vegetable	Chawli shenga	Baigan bharta	Paneer Butter masala	Aloo methi			Tawa veg
	Curry Vegetable	Rajma masala	Chauli masala		Matki masala	Chole Bhature	veg patiyala	white vatana
	Curd/ Raita/ Lassi/ Chaas	Curd	Chaas	boondi raita	curd		Curd	lassi
	Salad	Cucumber, Raddish, Onion	Cucumber, Tomato, Onion	Cucumber, Tomato, Onion	Cucumber, Carrot, Onion	Cucumber, Carrot, Onion	Cucumber, Raddish, Onion	Cucumber, Carrot, Onion
	Papad	Fryums	Fried papad	Roasted papad	Fryums	Fried papad	Roasted papad	Roasted papad
	Drink	Mango	Orange	Jaljeera	Lemon	Pineapple	Guava	Mix
	Sweet dish					shrikhand		
Others								
TIFFIN	Snack	Chinese bhel	Veg cheese frankie	Bread roll	Pav Bhaji	Hakka noodles	Paneer paratha	bhel puri
	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee	BBJ, Milk, Tea, Coffee, cold milk	BBJ, Milk, Tea, Coffee
	Fruit/ Juice/ Shake	Cold coffee	Orange juice	Water melon	Guava	Strawberry milkshake	Chickoo	mausambi
	Chocos/ Cornflakes	Chocos	Cornflakes	Cornflakes	Cornflakes	Chocos	Cornflakes	Chocos
	Others			Peanut butter				Peanut Butter
DINNER	Plain rice, Special rice	sweet corn pulao	Tomato rice	Soyabean rice	Fried rice	veg biryani	masala bhatt	Pudhina rice
	Dal	Dal makhani	Tuar dal	Masoor dal	Dal lasuni	kaali dal	Dal Tadka	Spring dal
	Roti/ Puri	Tandoori roti	paratha	Roti	Roti	Roti	Roti	Roti
	Curry Vegetable	shahi paneer	chole punjabi	Dum Aloo	mix vatana	Cabbage	maharastrian tendli sabji	Soya bean Masala
	Curd/ Raita/ Lassi/ Chaas	Boondi raita	onion raita	Curd	boondi raita	Curd	Boondi Raita	Onion Raita
	Salad	Cucumber, Raddish, Onion	Cucumber, Carrot, Onion	Cucumber, Tomato, Onion	Cucumber, Raddish, Onion	Cucumber, Carrot, Onion	Cucumber, Tomato, Onion	Cucumber, Raddish, Onion
	Papad	roasted papad	masala papad	Fried papd	Fryums	Roasted papad	Fried papad	Roasted papd
	Sweet dish	Chamcham	Cookies and cream ice cream	cold drink	Gulab Jamun		rasmalai	sewai kheer
	Extras	Fish Fry	Butter Chicken	Veg crispy	Spring roll	KFC	Aloo cheese balls	Chicken Biryani